



*An Initiative of Tarrant County Public Health and The Health Industry Council*

## **Challenge Your Wellness Program - Enter this Year**

### **THE AWARDS COMPETITION**

- ✓ Recognizes, rewards and celebrates successes
- ✓ Provides an opportunity for sharing best practices
- ✓ Helps prepare your program for national competitions
- ✓ Helps you articulate key components of your program
- ✓ Promotes objective self assessment
- ✓ Promotes consideration and reporting of Return on Investment (ROI)
- ✓ Allows for program review and feedback by a team of wellness experts
- ✓ Encourages leadership engagement and employee participation
- ✓ Helps energize your program and obtain more resources
- ✓ May be used as a new employee recruitment tool by your company

**CELEBRATE WELLNESS AT WORK . . . PROMOTE A HEALTHIER,  
MORE PRODUCTIVE WORKFORCE!**

Champions in Health promotes worksite wellness programs in the DFW Metroplex and provides resources for new and existing programs. For more information, contact Carol Lee Hamilton, Associate Director, Prevention at Tarrant County Public Health at 817-321-5314; [clhamilton@tarrantcounty.com](mailto:clhamilton@tarrantcounty.com) or Nancy Williams, President, The Health Industry Council at 972-256-2291; [nanc7@aol.com](mailto:nanc7@aol.com)

Information about the 2007 Awards competition is available at [www.healthindustrycouncil.org/championsinhealth/](http://www.healthindustrycouncil.org/championsinhealth/)



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## WORKFORCE WELLNESS PROGRAM AWARD PRE-APPLICATION

**Please provide the information below as the first step in the process to be considered for a Champions in Health “Program in Excellence Recognition Award.” Return no later than August 10, 2007.**

Name of Organization: \_\_\_\_\_

Description/Type of Organization: \_\_\_\_\_

Contact person: \_\_\_\_\_ Title: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone Number: \_\_\_\_\_ E-mail: \_\_\_\_\_

**Programs offered: For each wellness program offered, please check all that apply.**

Focus Areas	Awareness Programs	Educational Sessions	Focused Interventions	Other
Self Care				
Work/Personal Life Balance				
Mental Health/Stress Management, etc.				
Maternal/Child Health/Family Health				
Nutrition				
Physical Activity				
Tobacco Use – Prevention/Cessation				
Cardiovascular Health				
Diabetes Prevention/Management				
Musculoskeletal Health				
Weight Management				
Screening Programs				
Immunizations				
Infectious Disease Prevention				
Occupational Health/Safety				
Other:				

Please return completed form by e-mail to [mhmaskay@sbcglobal.net](mailto:mhmaskay@sbcglobal.net); by fax to 817-321-5323; or by mail to Champions in Health, Tarrant County Public Health, 1101 S. Main Street, Fort Worth, TX 76104. Deadline for pre-application is **August 10, 2007.**

*This form is also available for download at: [www.healthindustrycouncil.org/champsinhealth](http://www.healthindustrycouncil.org/champsinhealth)*